



TARANTO 2026
XX MEDITERRANEAN GAMES



FINSWIMMING



**SPORT
TECHNICAL
MANUAL**



International Committee of the
Mediterranean Games

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1. COMPETITION MANAGEMENT

1.1. International Federation

WORLD UNDERWATER FEDERATION (CMAS)

Viale Tiziano, 74 – I 00196 Rome

Phone: + 39 6 312110594 - 3

Web: www.cmas.org

E-mail: cmas@cmas.org

President: Mrs. Anna ARZHANOVA

Secretary General: Mr. Kevin O'SHAUGHNESSY

1.2. National Federation

FEDERAZIONE ITALIANA PESCA SPORTIVA, ATTIVITA SUBACQUEE E NUOTO PINNATO (FIPSAS)

Address: Viale Tiziano, 74 – I 00196 Roma

Phone: + 39 6 87980086

Website: www.fipsas.it

E-mail: presidente@fipsas.it

President: Mr. Ugo Claudio MATTEOLI

Secretary General: Mrs. Barbara DURANTE

1.3. Management of the Competition

Technical Delegate of CMAS: Mr. Alexandros XIARCHOS (GRE)

Competition Manager: Mr. Luca TONELLI

2. TECHNICAL MILESTONES

DATES	DEADLINE FOR:
1 March	Opening of on-line Accreditation and Sport Entries on-line system
16 March	Official Communication by ICMG and OCMG to the NOCs and upload to the Games GMS platform of all Taranto 2026 Operations Guides and Manuals
26-30 March	CoCom Visit to Taranto – CoCom + OCMG Meeting on the 27 th March 2026
27-30 March	Chefs de Mission Seminar

DATES	DEADLINE FOR:
28 March	Joint Meeting ICMG CoCom - IFs Technical Delegates - OCMG Sport Department
30 March (at 23:59 CET)	Deadline for the Entries by Number and by Event (preliminary entries)
	Settlement of the guarantee deposit for team sports
23 April (at 23:59 CET)	Deadline for the Preliminary Entries by name of athletes and officials (Long List)
	Deadline for provisional Arrivals & Departures Forms
27-28-29-30 May	ICMG CoCom and SPC visit
29 May (Taranto)	Draw of team groups of all team sports, in the presence of a representative of the relevant IFs, (open to Chefs de Mission)
	Meeting for the eventual suppression of events without sufficient number of entries and publication of the Final Sport Programme
	Updating of the Daily Competition Schedule
	Deadline for the accreditation of VIPs and Dignitaries
15 June	Opening of the Entries by Name (SEQ – Short List)
30 June (TBC)	CoCom visit & ICMG ExCo meeting
14 July (at 23:59 CET)	Deadline for the Entries by Name (Short List)
15 July	Deadline for confirmation of Arrivals & Departure Forms (ADS)
	Opening of the Late Athlete Replacement procedure (LAR)
	Opening of the D.DRM for the NOCs (on-line)
15-17 August	End of F.DRM
18 August	Opening of the Mediterranean Village and beginning of the trainings
18-19 August (TBC)	ICMG meetings / ExCo meeting

DATES	DEADLINE FOR:
20 August	ICMG General Assembly
21 August	Opening Ceremony of the Taranto 2026 Mediterranean Games
3 September	Closing Ceremony of the Taranto 2026 Mediterranean Games
5 September	Closing of the Mediterranean Village

Note: CoCom visits are subject to future scheduling

3. THE COMPETITION OF FINSWIMMING

3.1. Program

The competition of Finswimming at the XX Mediterranean Games Taranto 2026 will be as follows:

QUOTAS per NOC			MEN'S EVENTS	WOMEN'S EVENTS	MIXED EVENTS
M	W	T			
16	16	32	8	8	2

Events	Men	Women
50m AP	X	X
50m BF	X	X
100m SF	X	X
100m BF	X	X
200m SF	X	X
200m BF	X	X
400m SF	X	X
400m BF	X	X

Events	Men	Women
4 x 50m BF Mixed		X
4 x 100m SF Mixed		X

3.2. Dates and Venue

The Finswimming competition will take place on **Wednesday 26 August and Thursday 27 August 2026**, at the following venue in Taranto:

Competition venue	Distance from Village	Capacity	Municipality
(Indoor swimming pool) Torre D'Ayala Swimming Stadium	2,0 Km	1000 places	TARANTO
(Outdoor swimming pool) Torre D'Ayala Swimming Stadium	2,0 Km	1000 places	TARANTO

4. RULES OF THE COMPETITION

4.1. Conditions for running the competition

The competition of Finswimming will take place if a minimum of eight (8) countries is entered, for the men competition and a minimum of six (6) countries for the women competition, **by 23:59 (CET) on Thursday 23 April 2026**.

4.2. Cancellation of Events

According to the number of confirmed entries, the President of the ICMG Sports Programme Commission (SPC) together with one (1) or two (2) members of the said Commission, appointed by the ICMG President and in the presence of the OGMG Taranto 2026 Sports Director, will decide on **Friday 29 May 2026** on the staging or not of the Competition.

Once the event has been confirmed, it will be held and the corresponding medals and diplomas will be distributed, regardless of the number of participants.

The OCMG Taranto 2026 will inform immediately all the National Olympic Committees (NOCs) of the staging of the competition or not, depending on the number of Teams entered.

5. TECHNICAL ORGANIZATION

The FIPSAS, under the supervision of CMAS Technical Delegate, is responsible for the technical organization and for the development of the Finswimming Competition during the XX Mediterranean Games Taranto 2026.

5.1. Special procedures for the running of the competition

Any problems which may arise before or during the events will be resolved by the competition management, in accordance with the ICMG and CMAS regulations **in force on 1 January 2026**, unless special dispensations are authorised by the ICMG.

5.2. Heats

For all the individual and relay events, heats will be held if the number of swimmers entered is greater than eight (8).

The heats will be organised in view of the times declared on the final entries, and according to the procedures stipulated by CMAS international regulations.

The preliminary entries for the relay events must be submitted at the Technical Information Centre (TIC) for Finswimming twenty-four (24) hours prior to the start of the heats.

6. COMPETITION SCHEDULE

The competition of Finswimming will take place according to the following schedule:

Note: that the final program of the qualifying heats and the corresponding timetable will be made public after all entries have been registered

6.1. Day 1

	Starting Time	Duration (hh:mm)	Number of Heats	Duration of One Heat	Event
Morning	09:00	00:45			Warming up session
	09:45	00:05			Entrance of the judges

	Starting Time	Duration (hh:mm)	Number of Heats	Duration of One Heat	Event
	09:50	00:05			Presentation of the program
	09:55	00:05			Official call for the first competition
	10:00	00:06	2	00:03	50m Apnea Women
	10:06	00:06	2	00:03	50m Bifins Women
	10:12	00:06	2	00:03	100m Surface Men
	10:18	00:06	2	00:03	100m Bifins Men
	10:24	00:08	2	00:04	200m Surface Women
	10:32	00:08	2	00:04	200m Bifins Women
	10:40	00:12	2	00:06	400m Surface Men
	10:52	00:12	2	00:06	400m Bifins Men
	11:04	00:12	2	00:06	4x100m Surface Mixed Relay
	11:16	End of the Morning Session			
Afternoon Session (Finals)	17:00	00:45			Warming up session
	17:45	00:05			Entrance of the judges
	17:50	00:05			Presentation of the program
	17:55	00:05			Official call for the first competition
	18:00	00:05	1	00:05	50m Apnea Women
	18:05	00:05	1	00:05	50m Bifins Women
	18:10	00:07	1	00:07	Award Ceremony of 50m Apnea Women
	18:17	00:05	1	00:05	100m Surface Men

	Starting Time	Duration (hh:mm)	Number of Heats	Duration of One Heat	Event
	18:22	00:07	1	00:07	Award Ceremony of 50m Bifins Women
	18:29	00:05	1	00:05	100m Bifins Men
	18:34	00:07	1	00:07	Award Ceremony of 100m Surface Men
	18:41	00:05	1	00:05	200m Surface Women
	18:46	00:07	1	00:07	Award Ceremony of 100m Bifins Men
	18:53	00:05	1	00:05	200m Bifins Women
	18:58	00:07	1	00:07	Award Ceremony of 200m Surface Women
	19:05	00:07	1	00:07	400m Surface Men
	19:12	00:07	1	00:07	Award Ceremony of 200m Bifins Women
	19:19	00:07	1	00:07	400m Bifins Men
	19:26	00:07	1	00:07	Award Ceremony of 400m Surface Men
	19:33	00:07	1	00:07	4x100m Surface Mixed Relay
	19:26	00:07	1	00:07	Award Ceremony of 400m Bifins Men
	19:33	00:07	1	00:07	Award Ceremony of 4x100m Surface Mixed Relay
	19:40	End of the Day			

6.2. Day 2

	Starting Time	Duration (hh:mm)	Number of Heats	Duration of One Heat	Event
Morning Session (Heats)	09:00	00:45			Warming up session
	09:45	00:05			Entrance of the judges
	09:50	00:05			Presentation of the program
	09:55	00:05			Official call for the first competition
	10:00	00:06	2	00:03	50m Apnea Men
	10:06	00:06	2	00:03	50m Bifins Men
	10:12	00:06	2	00:03	100m Surface Women
	10:18	00:06	2	00:03	100m Bifins Women
	10:24	00:08	2	00:04	200m Surface Men
	10:32	00:08	2	00:04	200m Bifins Men
	10:40	00:12	2	00:06	400m Surface Women
	10:52	00:12	2	00:06	400m Bifins Women
	11:04	00:10	2	00:05	4x50m Bifins Mixed Relay
	11:14		End of the Morning Session		
Afternoon Session (Finals)					
	17:00	00:45			Warming up session
	17:45	00:05			Entrance of the judges
	17:50	00:05			Presentation of the program
	17:55	00:05			Official call for the first competition



	Starting Time	Duration (hh:mm)	Number of Heats	Duration of One Heat	Event
	18:00	00:05	1	00:05	50m Apnea Men
	18:05	00:05	1	00:05	50m Bifins Men
	18:10	00:07	1	00:07	Award Ceremony of 50m Apnea Men
	18:17	00:05	1	00:05	100m Surface Women
	18:22	00:07	1	00:07	Award Ceremony of 50m Bifins Men
	18:29	00:05	1	00:05	100m Bifins Women
	18:34	00:07	1	00:07	Award Ceremony of 100m Surface Women
	18:41	00:05	1	00:05	200m Surface Men
	18:46	00:07	1	00:07	Award Ceremony of 100m Bifins Women
	18:53	00:05	1	00:05	200m Bifins Men
	18:58	00:07	1	00:07	Award Ceremony of 200m Surface Men
	19:05	00:07	1	00:07	400m Surface Women
	19:12	00:07	1	00:07	Award Ceremony of 200m Bifins Men
	19:19	00:07	1	00:07	400m Bifins Women
	19:26	00:07	1	00:07	Award Ceremony of 400m Surface Women
	19:33	00:06	1	00:06	4x50m Bifins Mixed Relay
	19:26	00:07	1	00:07	Award Ceremony of 400m Bifins Women
	19:33	00:07	1	00:07	Award Ceremony of 4x50m Bifins Mixed Relay
	19:40				End of the Day

6.3. Technical Offices

Two offices will provide specific information on the Finswimming Competition:

- TIC of Finswimming, at the Competition Venue.
- SIC at the Mediterranean Village.

These offices will provide information on the schedule of the competition and training sessions, transport, list of athletes and results.

7. COMPETITION VENUE

The Finswimming competition at the XX Mediterranean Games Taranto 2026 will be held at the following venue:

Competition venue	Distance from Village	Capacity	Municipality
(Indoor swimming pool) Torre D'Ayala Swimming Stadium	2,0 Km	1000 places	TARANTO
(Outdoor swimming pool) Torre D'Ayala Swimming Stadium	2,0 Km	1000 places	TARANTO

7.1. Competition Area

The competition area will be one (1) swimming-pool with ten (10) lanes, homologated by CMAS.

The competition will be contested in the eight (8) central lanes.

7.2. Warm-up Area

Swimmers will have at their disposal for warm-ups the competition pool.

7.3. Changing Rooms

Athletes will have separate changing rooms for men and women equipped with showers and toilets.

7.4. Athletes' Lounge

Athletes will have at their disposal a lounge with water, energizing drinks and fruits.

7.5. Mixed zone

In the mixed zone, accredited media will be allowed brief interviews with participants who have finished their competition. Athletes must pass through this zone to leave the competition area and will be asked to cooperate in answering journalists' questions. At the request of the journalists, an official of the OCMG may invite the athletes to go into the mixed zone to answer their questions.

Accredited media will have access to a press tribune.

7.6. Sport Equipment

All sport and technical equipment used during Finswimming competitions and trainings will comply with CMAS rules **in force on 1 January 2026**, unless the ICMG exceptionally authorizes otherwise.

8. TRAINING SESSIONS

8.1. Training Venues

The Finswimming training sessions for the XX Mediterranean Games Taranto 2026 will take place at the following venues:

Training venue	Distance from Village	Municipality	Note
(Indoor swimming pool) Torre D'Ayala Swimming Stadium	2,0 Km	TARANTO	Competition pool According to the schedule
(Outdoor swimming pool) Torre D'Ayala Swimming Stadium	2,0 Km		Warm-up pool According to the schedule

8.2. Calendar and Schedules for Training Sessions

The following venues will be available for athletes, with the following schedules:

Dates	Venues	Opening Hours
23rd-25th August 2026	(Indoor swimming pool) Torre D'Ayala Swimming Stadium	Competition pool According to the schedule
23rd-25th August 2026	(Outdoor swimming pool) Torre D'Ayala Swimming Stadium	Warm-up pool According to the schedule

Dates	Venues	Opening Hours
26th-27th August 2026	(Outdoor swimming pool) Torre D'Ayala Swimming Stadium	Warm-up pool According to the schedule

8.3. Services available at Training Venues

8.3.1. Changing Rooms

Athletes will have separate changing rooms for men and women, equipped with showers, toilets and massage tables.

8.3.2. Athletes' Lounge

At the training venues, athletes will have at their disposal a lounge with water, energizing drinks and fruits.

8.4. Media during training sessions

Training sessions will be opened to the media but not to the public. The Competition Manager will be authorized to change this rule when and if he deems it necessary.

8.5. Procedure for the scheduling of training sessions

NOCs will receive the planning of the training sessions during the second half of July. They will have to confirm that they will make use of their allocated sessions during the DRM.

8.5.1. Before the Competition

As a rule, Competition Management will put the relevant Venues at the Athletes' disposal for one daily session, two (2) days before the beginning of the competition, on Monday 24 August 2026.

If they have requested it during the DRM and following the procedure, Delegations will be able to use these Venues for training purposes, five (5) days before the beginning of the competition, from Friday 21 August 2026.

8.5.2. During the Competition

During the Technical Meeting, on 25 August 2026, the Organizing Committee will deliver the Training Schedule during competition. Each NOC will then be able to

inform of its specific training needs; these will be assessed to be included in the training schedule during the competition.

All NOCs will have to confirm they will use their allocated training session, by 17:00 the day prior to the training is due; should they fail to do so, the relevant session will be made available for the other NOCs. They may also request, before 17:00, an additional training session, which may be allocated to them, from 20:00 the same day, subject to availability at the Venues.

Upon their arrival, Teams will receive all relevant information on the training sessions, both at the SIC and at the TIC for Finswimming.

9. PARTICIPATION

All NOCs members of the ICMG, whose National Federation is a member Association of CMAS, are entitled to participate in the Finswimming Tournament of the XX Mediterranean Games Taranto 2026.

Athletes taking part in the competition must have the nationality of the country they represent and abide by the Conditions and Rules of ICMG and CMAS.

Each NOC may take part in the Finswimming individual events with a maximum of two (2) swimmers in each individual event and with one (1) team in each relay event.

9.1. Entries

9.1.1. General Principles

The XX Mediterranean Games Taranto 2026 are open to all the Athletes of the NOCs of the Mediterranean countries' members of the ICMG, as indicated in the Rules of the ICMG Charter and of the IOC.

All Athletes taking part in the Games must be citizens of the country they represent, in accordance with the IOC Rules.

9.1.2. Procedures

The registration process is linked to the general system of Accreditations. The OCMG Taranto 2026 entry system is an e-accreditation portal accessible through the official website of the Games: www.ta2026.com.

Each Delegation will have its own username and password to have access to this e-accreditation portal available in both French and English.

The portal will allow users to print a list of sport entries which, once signed, will have to be sent back, within the deadlines indicated below, to the OCMG Taranto 2026: entries@ta2026.com.

9.1.3. Entries by Number

The list of entries by number of participants for each NOC and event will have to be submitted through the e-accreditation portal, by **23:59 (Italian time) on Monday 30 March 2026**.

9.1.4. Preliminary Entries by Name (Long list)

The list of preliminary entries of participants by names, by NOC and event, will have to be submitted via the e-accreditation portal, by **23:59 (CET) on Thursday 23 April 2026**.

9.1.5. Final Entries by Name (Short list)

The NOC of each participating country will have to submit to the OCMG Taranto 2026, through the e-accreditation portal, the form with the final entries of their participants by name, five (5) weeks before the beginning of the Games, on **Tuesday 14 July 2026 (by 23:59, CET)**.

9.1.6. Confirmation of Entries

Confirmation of entries will take place during the DRM and any eventual modification that could be acceptable will be presented to the SIC and confirmed at a later stage, during the Technical Meeting.

Specific forms for the confirmation of entries will be distributed in advance to the Chef of Mission of each NOC.

9.2. Technical Meeting

The Technical Meeting will take place on **Tuesday 25 August 2026, at 10:30**, in the Mediterranean Village.

The meeting will be held in accordance with CMAS Rules and chaired by CMAS Technical Delegate. The following people must be in attendance:

- CMAS Technical Delegate

- One member of the ICMG SPC Commission
- The Team Managers (one per NOC)
- Judges and Referees
- The coaches (one per team)
- The OCMG Taranto 2026 Competition Manager for Finswimming

10. MEDICAL SERVICES

10.1. Medical Services at the Village and on the Competition Venues

During the XX Mediterranean Games Taranto 2026, medical services will be available to any accredited Athlete or Official who might need them, both at the Mediterranean Village and on the competition venues.

10.2. Mediterranean Village

The Polyclinic at the Village will provide the residents with the following services:

- Sport medicine
- Physiotherapy
- First Aid
- Emergency services 24/24h
- A fleet of ambulances will link the Polyclinic and the main Hospitals, should additional care be needed.

10.3. Competition Venue

During the events, all competition venues will provide the Athletes with the following services:

- Medical services
- Ambulance services
- Coolers filled with ice will be available for the Delegations at all Sport Venues.

10.4. Anti-Doping Control

Doping controls will be carried out during the competition or out of competition, under the responsibility of the International Testing Agency (ITA) and with the

collaboration of the Italian National Anti-Doping Agency (NADO Italy), in accordance with the rules of the ICMG, the IF and the World Anti-Doping Code.

All competitors who undergo a control will receive written notification. The official procedure for the collection of samples will subsequently start, in accordance with the official deadlines and Regulations.

Any Athlete who refuses to submit to doping control, or who is declared positive after the test, will be disqualified from the competition and will be sanctioned along with his/her Team, in accordance with the ICMG and CMAS Regulations.

11. REFEREES and UMPIRES

11.1. Judges and Referees

The judges, referees and timekeepers will be nominated by the National Referees Committee of FIPSAS, in consultation with CMAS Technical Delegate.

The FIPSAS will be responsible for forming the Competition Committee, which will be as follows:

- CMAS Technical Delegate;
- The referee of the event (men or women);
- The member of FIPSAS Technical Commission;
- The delegate of a team, chosen by draw;
- The OCMG Taranto 2026 competition manager for Finswimming

11.2. Jury of Appeal

In accordance with the technical event regulations of each sport at the XX Mediterranean Games Taranto 2026, international juries of appeal will be formed. They will be responsible for ruling on any complaint.

In the event that the Technical Delegate is not the Chairman of the Jury of Appeal, CMAS will, through its Technical Delegate, designate the Chairman of the appropriately composed Jury of Appeal.

Unless special dispensation is granted by CMAS, a Jury of Appeal will be composed of one (1) Chairman and two (2) members selected from a list of six (6) suitably qualified representatives of the participating countries.

The list will be communicated by the Technical Delegate during the Technical Meeting.

During the processing of a dispute, the members of the Jury of Appeal belonging to the countries involved will abstain from participating.

11.3. Claims

Claims will be ruled following CMAS rules. Any claim can be raised by the relevant NOC, in written, in French or in English, accompanied by a cash deposit which amount is established by CMAS rules.

All claims will be addressed to the TIC for Finswimming who will send them to the Secretariat of the Jury of Appeal and to the ICMG SPC.

The deposit will only be refunded if the claim is successful.

12. SPORT CLOTHING

12.1. Athletes' clothing

Participants at the Finswimming competition of the XX Mediterranean Games Taranto 2026 will wear a sport uniform in accordance with CMAS and ICMG Regulations.

Athletes' sport clothing and equipment will bear no commercial brand. As an exception, the brand name or logo of the manufacturer of the clothing or the equipment will be tolerated if it complies with ICMG and CMAS rules.

The same rule will apply for the **Medal Ceremonies** regarding sport clothing and advertising. Athletes will step on the podium with the official clothing of their respective NOC.

12.2. Referees' clothing

International referees will wear the clothing distributed by the OCMG Taranto 2026.

13. MEDAL CEREMONIES

The Medal Ceremonies, as per the ICMG and the CMAS Rules, will take place at the end of each competition, according to the competition schedule.

A diploma to each athlete from fourth to eighth place will be awarded.

14. APPROVAL OF THE REGULATIONS

In case of disagreement on the interpretation of these Regulations with any other related version, the French version will take precedence.

This Technical Manual CMAS was approved by the ICMG.



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XX MEDITERRANEAN GAMES

